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Ross Sharpe Cardiology Pty Ltd
ABN: 40110858154

Practice includes:

Cardiovascular Consultations

Chest Pain Assessment

Cardiac Risk Assessment

Coronary
Carotid
Renal
Peripheral

- angiography
- angioplasty
- stenting
- flow wire

Critical Limb Ischaemia
Interventions

Diabetic Ulcer Arterial Interventions

Valvuloplasty

Stroke Intervention

PFO/ASD closures and TCD
screening

Rotablation

Transthoracic Echo

Transoesophageal Echo

Intra- Cardiac Echo

Intravascular Ultrasound

Vascular Duplex

Ankle Brachial Index

Affiliated with:

Allamanda Private
Pindara Private
John Flynn Private
Hospitals

Puncture Site

Remove any dressings after 24 hrs in the shower. There is no need to redress the site. Keep dry and clean for 1 week or until healed. There may be bruising, tenderness and a pea-sized lump

Shower

You may shower when you get home. The dressing is a waterproof dressing. Gently pat dry the site. Avoid rubbing the puncture site while washing. No bath for 5 days as this could allow bacteria to enter puncture site

Activity

No heavy lifting or straining for 1 month. No strenuous exercise for 1 month. Commence walking the following day of your procedure. Hot tubs and swimming pools are not recommended for 5 days. If you have any concerns please ask before you leave or ring the Rooms.

Return to work

Depends on your occupation and Dr Sharpe will advise you on your return to work in.....week/s or.....month/s

Dental Care Restrictions

If you are required to attend the Dentist in the next 6 months you may need to have antibiotic cover.

Surgery

If you are required to have surgery within 6 months of closure please contact us.

Driving

NO driving for 24 hours. You must not drive any vehicle for at least 24 hours following your procedure after having had anaesthesia / sedation.

Medications

- Aspirin 100/150mg for 6 months after procedure
- Plavix 75mg for 6 months after procedure

Ensure that if prescribed new medication that you start taking these as soon as possible. Don't stop these medications without checking with us first! Resume your previous medications once at home.

What to expect after the procedure

- Palpitations – awareness of heartbeat, fluttering, skipping, feeling short of breath, lump in the throat are common and don't require treatment.
- Chest pressure, tightness and mild chest discomfort are common.
- Migraines or headaches may continue and not resolve immediately and can increase in the first two weeks after closure.
- Bruising/Bleeding more common because of Aspirin and Plavix use.

Follow-up after procedure

Follow-up appointments can be booked by the Hospital Nursing Staff pre-discharge.

- Echocardiogram the following afternoon/ morning or in the first week after your procedure
- 1 month echocardiogram and review appointment with Dr Sharpe in rooms
Date..... Time.....
- TCDI (Transcranial Doppler Investigation) and review in 3months
Date..... Time.....